



# Haematological and Immunological aspects of invasive fungal infection in leukaemia

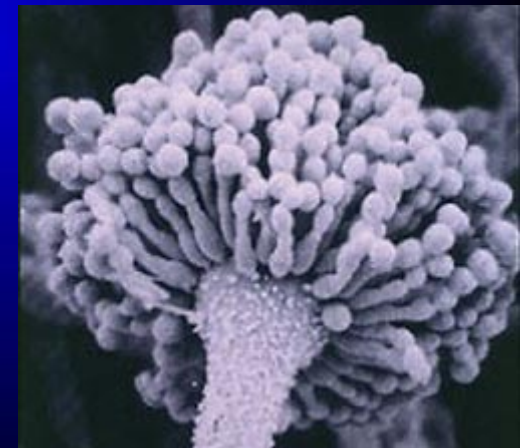
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University Hospital of Wales,

Cardiff

*ACP Prague 2008*



## Changing spectrum of risk factors in the development of IFI in haematological malignancy

- Type of malignancy: AML>ALL>lymphoma>myeloma
- State of remission/relapse
- Neutropenia: depth and duration
- Not just degree, but type of immunosuppression
  - Graft vs Host Disease – especially chronic GvHD
  - Purine analogues
  - Monoclonal antibody therapy (especially Alemtuzumab and Infliximab))

ARE ANTIFUNGAL DRUG TRIALS REALLY THE WAY FORWARD?

# HOW COMMON IS INVASIVE FUNGAL INFECTION?

1987-1998: Retrospective studies of 11,802 patients - overall incidence 4.6%

AML - 12%

ALL - 6.5%

CML - 2.5%

CLL - 0.5%

NHL - 1.6%

HL - 0.7%

Myeloma 0.5%

**1999-2003: Overall IFI incidence - 6.1%**

**2003-2007: Overall IFI incidence - 12.7%**

# ARE WE IMPROVING THE MANAGEMENT OF INVASIVE ASPERGILLOSIS OVER TIME?

Time period	Incidence of Aspergillosis	Attributable mortality	Deaths/1000 pts
1987-1998	4.7%	48%	22
1999-2003	6.1%	38.5%	23
2003-2007	12.6%	14%	18

*Data in Pagano L et al CID (2007) 44: 1524-1525*

# Comparative Studies of Amphotericin preparations in Febrile Neutropenia

Reference	Type of Study	Comparison	Patients n=	Clinical response	Survival	RenalToxicity
Pizzo (1982) PID	Empiric	cAmpho 1 vs placebo	N/A	Superior	Superior	N/A
Anaissie (1995) Abstr	Therapy	ABLc 5 vs cAmpho0.6-1	231	Same	Same	N/A
Viscoli (1996) EuJC	Empiric	cAmpho 1 vs flu	112	Same	Same	Flu Superior
White (1998) CID	Empiric	ABCD 4 = cAmpho 0.8	213	Same	Same	ABCD Superior
Leenders (1998) BJH	Therapy	LAmBi 5 vs cAmpho 1	106	Superior (5 pts)	Same	LA Superior
Ellis (1998) CID	Therapy	LAmBi 1 vs LAmBi 4	89	Same	Same	Same
Walsh (1999) NEJM	Empiric	LAmBi 3 vs cAmpho 0.6	687	Same	Same	LA Superior
Prentice (1999) BJH	Empiric	LAmBi 3 vs 1 vs cAmpho 1	338	LA3 superior	Same	LA Superior
Winston (2000) CID	Empiric	LAmBi5 vs 3 vs ABLc 5	244	Same	Same	LA Superior
Winston (2000)CID	Empiric	Flu 400 vs cAmpho 0.5	317	Same	Same	Flu Superior
Fleming (2001) LL	Therapy	LAmBi3-5 vs ABLc 3-5	75	Same	Same	Same
Walsh (2001) AAC	Therapy	LAmBi 15 vs 12.5 vs 10 vs 7.5	44	Same	Same	Same
Boogaerts (2001)AIMed	Empiric	cAmpho1 vs Itraconazole	384	Same	Same	Itra Superior
Cagnoni (2002) JAC	Empiric	LAmBi3 vs ABLc5 vs cAmpho	414	Same	Same	LA Superior
Bowden (2002) CID	Therapy	ABCD6 vs cAmpho1-1.5	174	Same	Same	ABCD Superior
Walsh (2002) NEJM	Empiric	Voriconazole vs AmBi 3-6	837	NNI	Same	Vori superior
Herbrecht (2002) NEJM	Therapy	Voriconazole vs cAmpho	277	Vori superior	superior	Vori superior
Mora-Duarte(2002)	Therapy	Caspofungin vs LAmBi3	224	Same	Same	Caspo superior
Walsh (2004) NEJM	Empiric	Caspofungin vs LAmBi3	1095	Same	Superior	Caspo superior

# COMMON MISTAKES THAT ARE MADE IN TRIALS



THE USE OF HISTORICAL COMPARISONS

# How not to compare treatments historical controls:

SAB – a promising new treatment for AML in  
the elderly?

Treatment	Number of pts	CR rate	Induction deaths	Resistant disease
DAT	167	47%	30%	23%
SAB	284	61%	15%	24%

$p=0.00007$

# COMMON MISTAKES THAT ARE MADE IN TRIALS



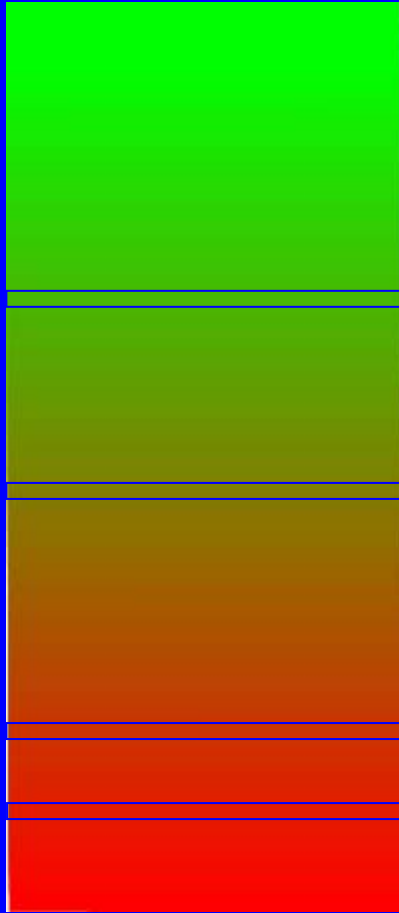
THE USE OF HISTORICAL COMPARISONS



THE UNEQUAL REORGANISATION OF  
SUBGROUPS AFTER THE TRIAL RESULTS  
ARE KNOWN

# DRUG A RESULTS

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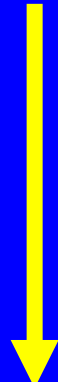
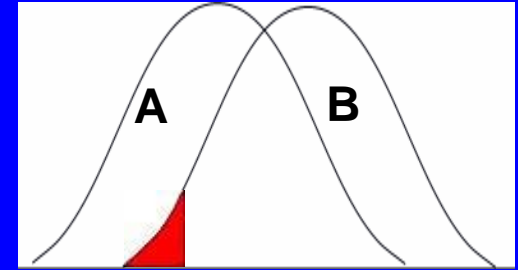


# DRUG B RESULTS

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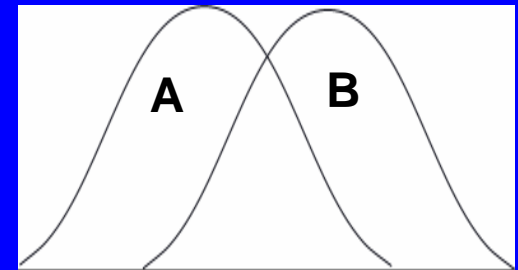


$\Delta$



$\Delta$

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# COMMON MISTAKES THAT ARE MADE IN TRIALS



THE USE OF HISTORICAL COMPARISONS



THE UNEQUAL REORGANISATION OF SUBGROUPS AFTER THE TRIAL RESULTS ARE KNOWN



UNDERPOWERING TO REDUCE NUMBER OF PATIENTS NEEDED AND NONINFERIORITY BASED ON INTENTION TO TREAT

# STATISTICAL CONSIDERATIONS IN TRIAL DESIGN

## A: Numbers of patients required

Assuming a success rate of around 50% (the choice that is easiest to prove)

To have a 90% chance of detecting a difference of 10% in success with a 95% significance p value ( $<0.05$ )

you would need 1000 patients

You would need only 260 patients to detect a 20% difference with the same p value

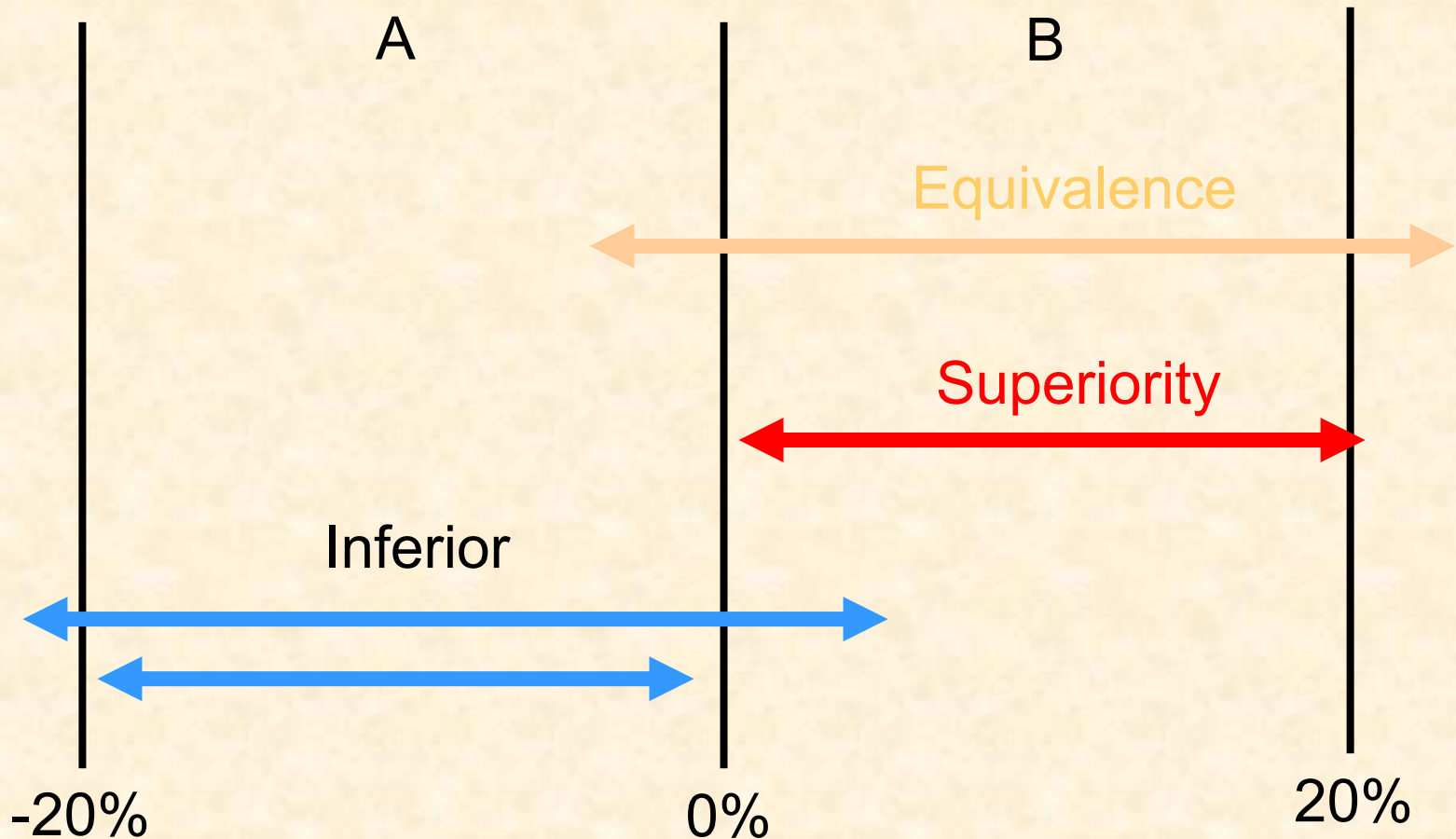
## B: Design

In non inferiority trials, intention to treat is not the correct way to analyse the effect of the drugs. Compliance and actual delivery of drug is the issue

In a trial with central randomisations that balance subgroups (minimization technique) you cannot then go back and analyse different subgroups accurately

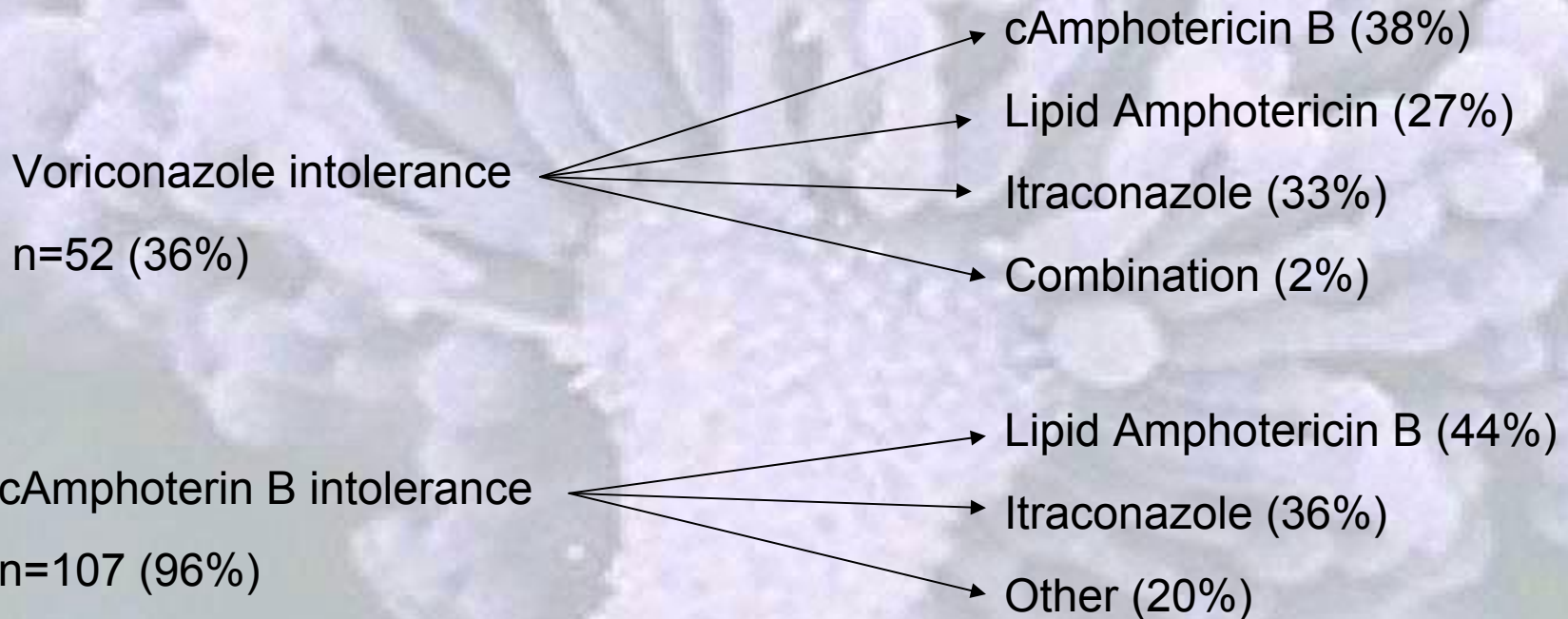
# Non-inferiority analysis

95% confidence re. differences between groups  
if upper CI limit  $> 0$  and lower CI  $> -20\%$



# VORICONAZOLE (n=144) vs AMPHOTERICIN B (n=133)

Drug	Success at 12 weeks	Full Compliance	
Voriconazole	53%	73%	
c Ampho B	32%	20%	



# VORICONAZOLE (n=144) vs AMPHOTERICIN B (n=133)

A: Overall response (CR+PR)

	Voriconazole	cAmphotericin B
Country A	57%	37%
Country B	47%	23%

B: Complete response (CR only)

	Voriconazole	cAmphotericin B
Country A + B	20.8%	16.5%

*data in Walsh T et al N Engl J Med (2002) 347: 408-415*

# COMMON MISTAKES THAT ARE MADE IN TRIALS



THE USE OF HISTORICAL COMPARISONS



THE UNEQUAL REORGANISATION OF SUBGROUPS AFTER THE TRIAL RESULTS ARE KNOWN



UNDERPOWERING TO REDUCE NUMBER OF PATIENTS NEEDED AND NONINFERIORITY BASED ON INTENTION TO TREAT

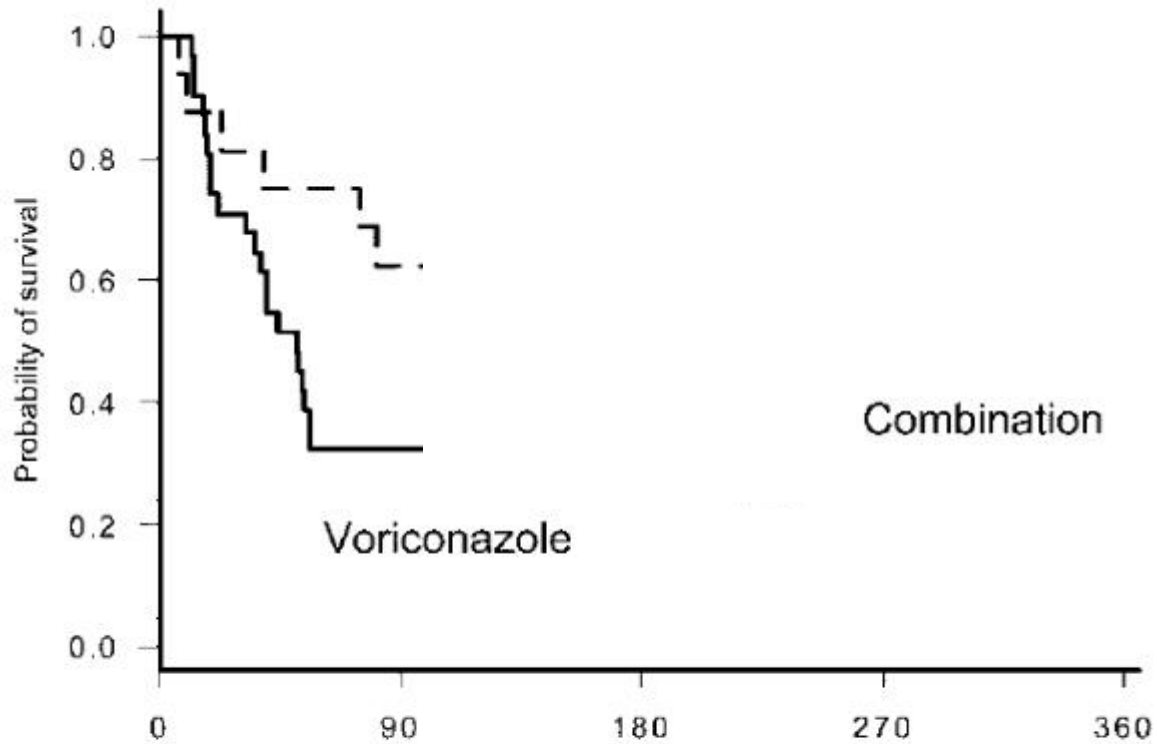


RESULTS ANALYSED AT TOO EARLY A TIMEPOINT

# EFFECT OF TIME ON TRIAL RESULT

## Voriconazole vs Voriconazole+Caspofungin

**A**

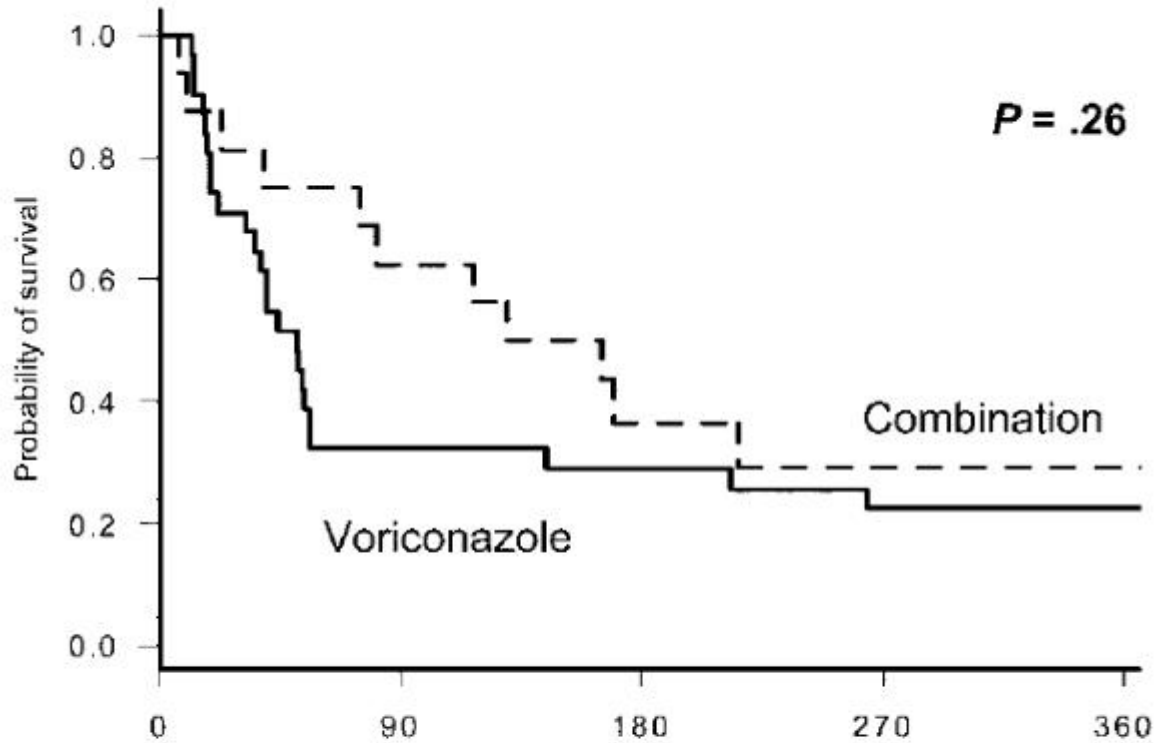


Patients (no.)	No. of days since diagnosis of IA				
Voriconazole	31	10	9	7	7
Combination	16	10	5	1	1

# EFFECT OF TIME ON TRIAL RESULT

## Voriconazole vs Voriconazole+Caspofungin

**A**



Patients (no.)

No. of days since diagnosis of IA

Voriconazole

31

10

9

7

7

Combination

16

10

5

1

1

Minor or stable short term outcomes do not necessarily translate into long term benefit

Cause of death at 1 year	Voriconazole n=31	Voriconazole+caspofungin n=16
Invasive Aspergillosis	18 (58%)	3 (19%)
Bacterial pneumonia/sepsis	4 (18%)	3 (19%)
CMV pneumonitis	0	1 (6%)
RSV pneumonitis	0	1 (6%)
GvHD with organ failure	2 (6.5%)	0
Relapsed malignancy	2 (6.5%)	2 (13%)
Unknown	0	1 (6%)

The father of the modern clinical randomised controlled trial

*David Davies Chair of Tuberculosis and Diseases of the Chest  
MRC Unit - Welsh National School of Medicine 1960*



*Professor Archie Cochrane*

**1908-1988**

"The main idea of a clinical trial is to distinguish small, clinically not relevant effects from moderate but still clinically useful ones"

**"Effectiveness and Efficiency: Random Reflections on Health Services"**

# ADHERENCE OF RECENT ANTIFUNGAL TRIALS TO BEST STATISTICAL PRACTICE

	1	2	3	4	5	6	7
TRIAL	Blinding & randomization	Excessive outcomes	Too many exclusions	Subgroups redefined	Short follow up	Small size of improvement	CONSORT
Voriconazole vs AmBisome <i>(empiric)</i>	Red	Green	Green	Red	Red	Red	Orange
Voriconazole vs Amphotericin B <i>(probable/proven)</i>	Red	Orange	Orange	Red	Red	Orange	Orange
AmBisome 3 vs AmBisome 10 <i>(probable/proven)</i>	Green	Green	Orange	Green	Red	Red	Green
Caspofungin vs AmBisome <i>(empiric)</i>	Orange	Red	Green	Red	Green	Orange	Green
Posaconazole vs Itra/Flu <i>(prophylaxis)</i>	Green	Orange	Green	Green	Green	Orange	Green

1. Double blind randomised centrally with minimization technique. The best method BUT you cannot do a non inferiority study on intention to treat!! Compliance is then the big issue.

2. The more outcomes the more likelihood of finding a significant one.

3. Too many exclusions means treatment not applicable to "real life" patients.

4. Modified Intention to treat analysis (MITT) is a common post trial analysis mistake (data dredging).

# Guidelines for Antifungal Therapy for Invasive Fungal Infection

Infectious  
Diseases Society  
of America



Australasian Society  
for Infectious  
Diseases



University of  
Manitoba  
Canadian  
Mycoses Group



European  
Conference on  
Infections in  
Leukaemia (ECIL)



Groupe de travail  
de CHRU de Lille



Japanese Society  
for Medical  
Mycology



National  
Comprehensive  
Cancer Care  
Network



Guidelines of the  
New South Wales  
Infectious Diseases  
Group



Infectious Diseases  
working party of the  
German Society of  
Hematology and  
Oncology



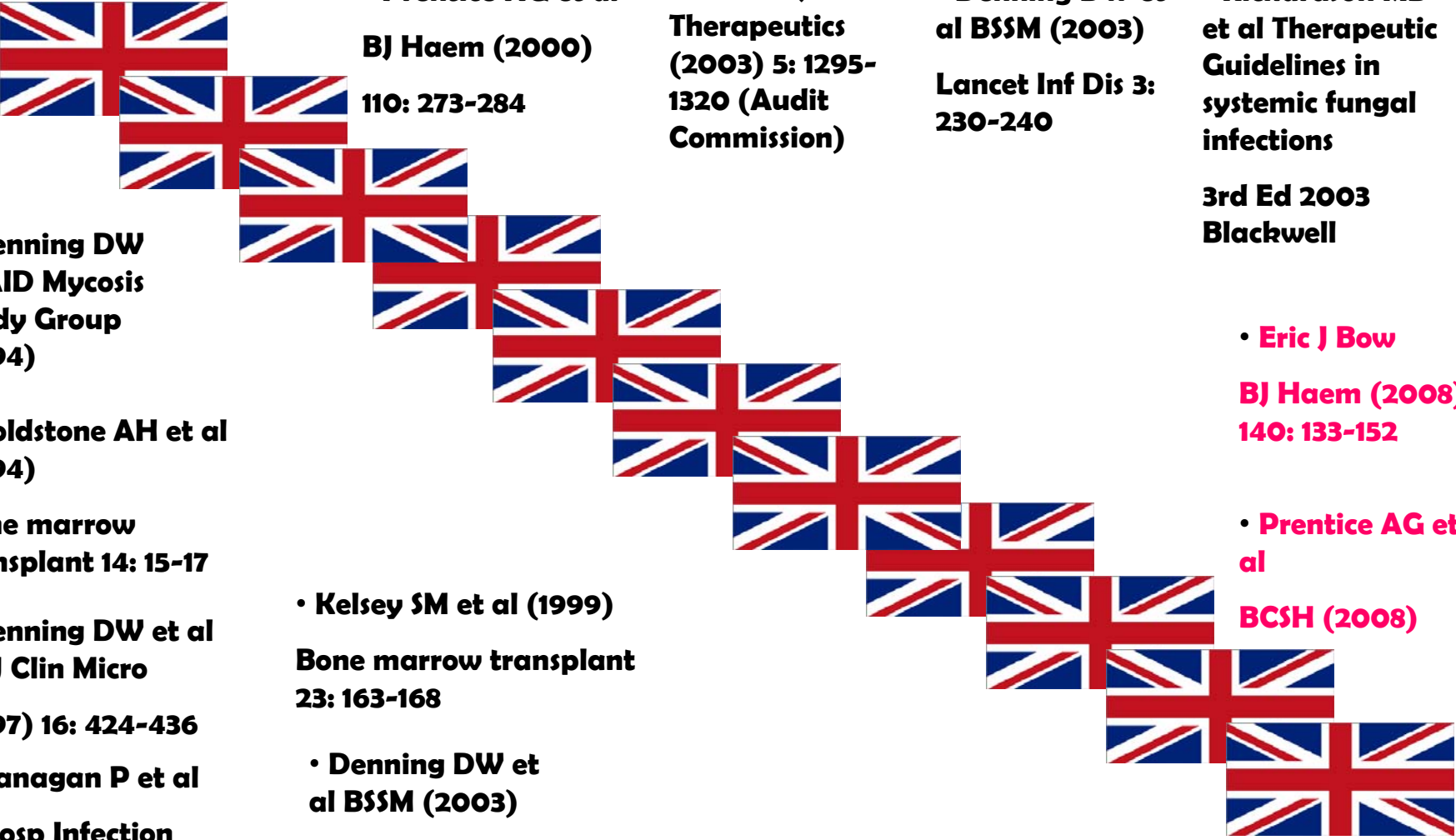
Fungal Infection  
network of  
Switzerland  
(FUNGINOS)



Grupos de Estudio  
infeccion fungica



# Guidelines for Antifungal Therapy for Invasive Fungal Infection



• **Prentice HG et al**  
**BJ Haem (2000)**  
**110: 273-284**

• **Barrett JP Clin Therapeutics (2003) 5: 1295-1320 (Audit Commission)**

• **Denning DW et al BSSM (2003) Lancet Inf Dis 3: 230-240**

• **Richardson MD et al Therapeutic Guidelines in systemic fungal infections**  
**3rd Ed 2003**  
**Blackwell**

• **Denning DW NIAID Mycosis Study Group (1994)**

• **Eric J Bow**  
**BJ Haem (2008)**  
**140: 133-152**

• **Goldstone AH et al (1994)**  
**Bone marrow transplant 14: 15-17**

• **Prentice AG et al**  
**BCSH (2008)**

• **Denning DW et al Eu J Clin Micro (1997) 16: 424-436**

• **Kelsey SM et al (1999)**  
**Bone marrow transplant 23: 163-168**

• **Flanagan P et al J. Hosp Infection 9(1998) 38: 163-177**

• **Denning DW et al BSSM (2003)**  
**Lancet Inf Dis 3: 230-240**

Without proper evidence, evidence based practice is impossible.

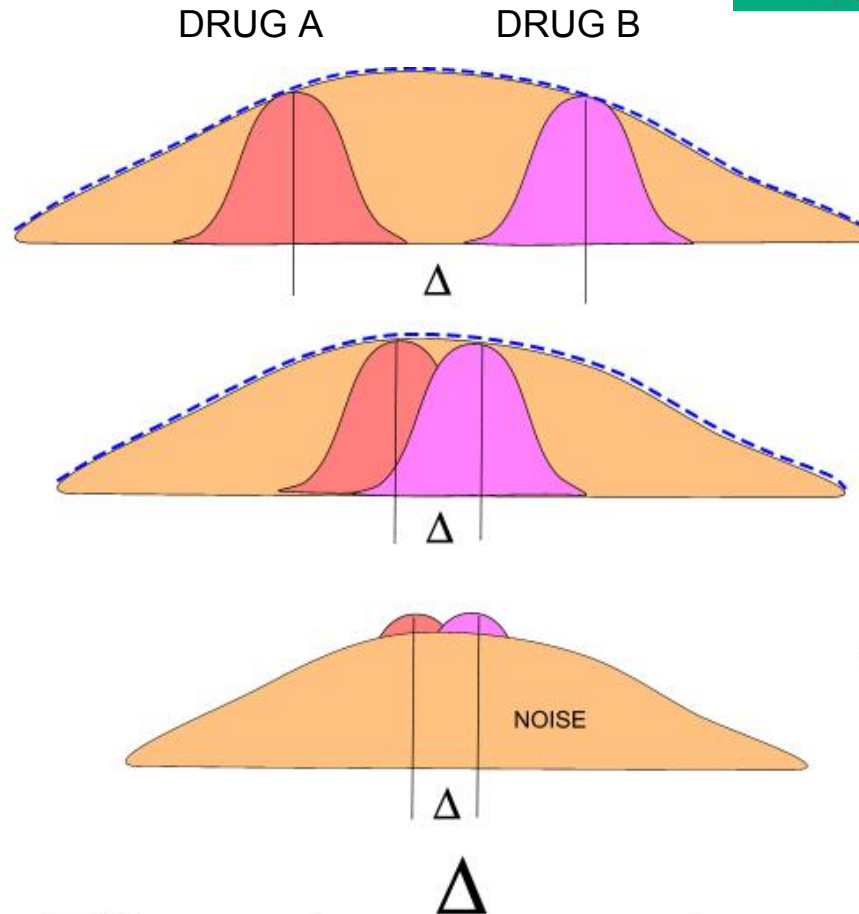
Antifungal guidelines are largely a non evidence based exercise that represent simply expert opinion and experience.

# More statistics

*Large effects hide small effects*



$\Delta$  = days until fever resolution



$$\text{Standard Difference} = \frac{\Delta}{\text{Standard Deviation}}$$

STD DIFF	n
1	50
0.5	200
0.33	400
0.25	700

# Last statistics

*effect of diagnostic uncertainty*



## Trial A

20% had SFI      80% did not

DRUG A cures 50%. Success= 90%  
DRUG B cures 75% Success =95% } n=1200

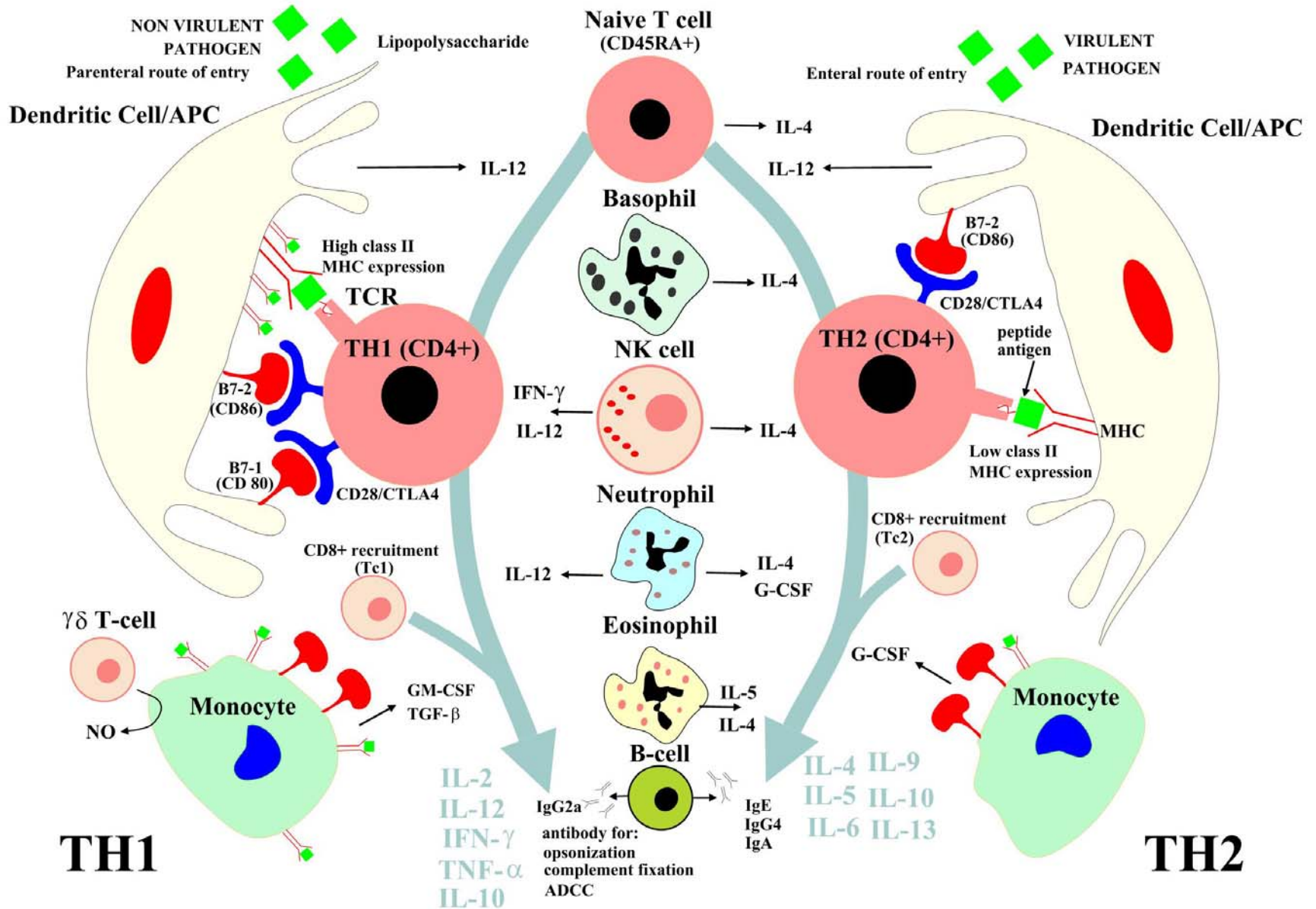
## Trial B

40% had SFI      60% did not

DRUG A cures 50%. Success= 80%  
DRUG B cures 75% Success =90% } n=500

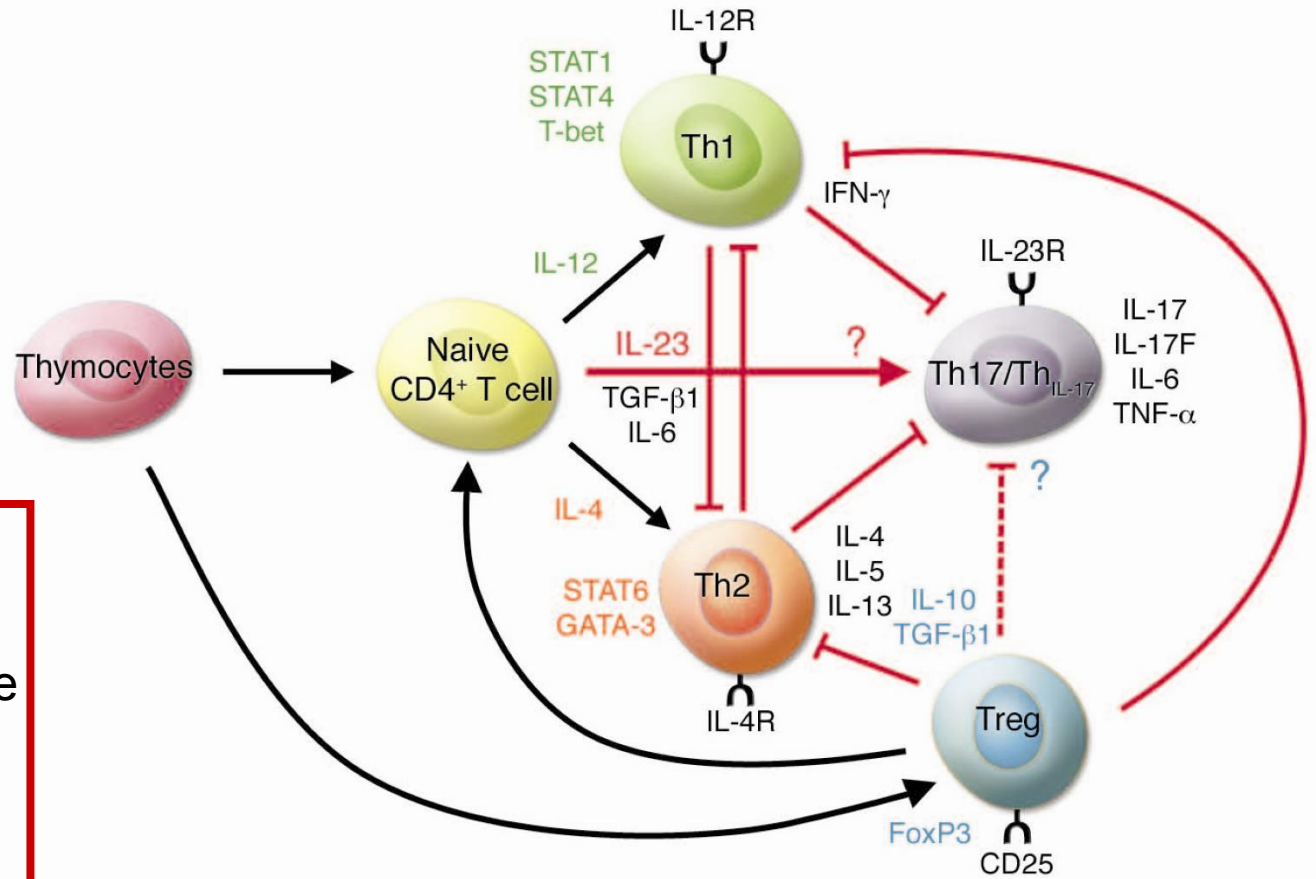
IMMUNE SUPPRESSION IN  
HAEMATOLOGY PATIENTS WITH  
SERIOUS FUNGAL INFECTION IS  
NOT ALWAYS THE SAME

# THE CLASSIC T-HELPER CELL CYTOKINE PARADIGM - T<sub>H</sub>1 and T<sub>H</sub>2



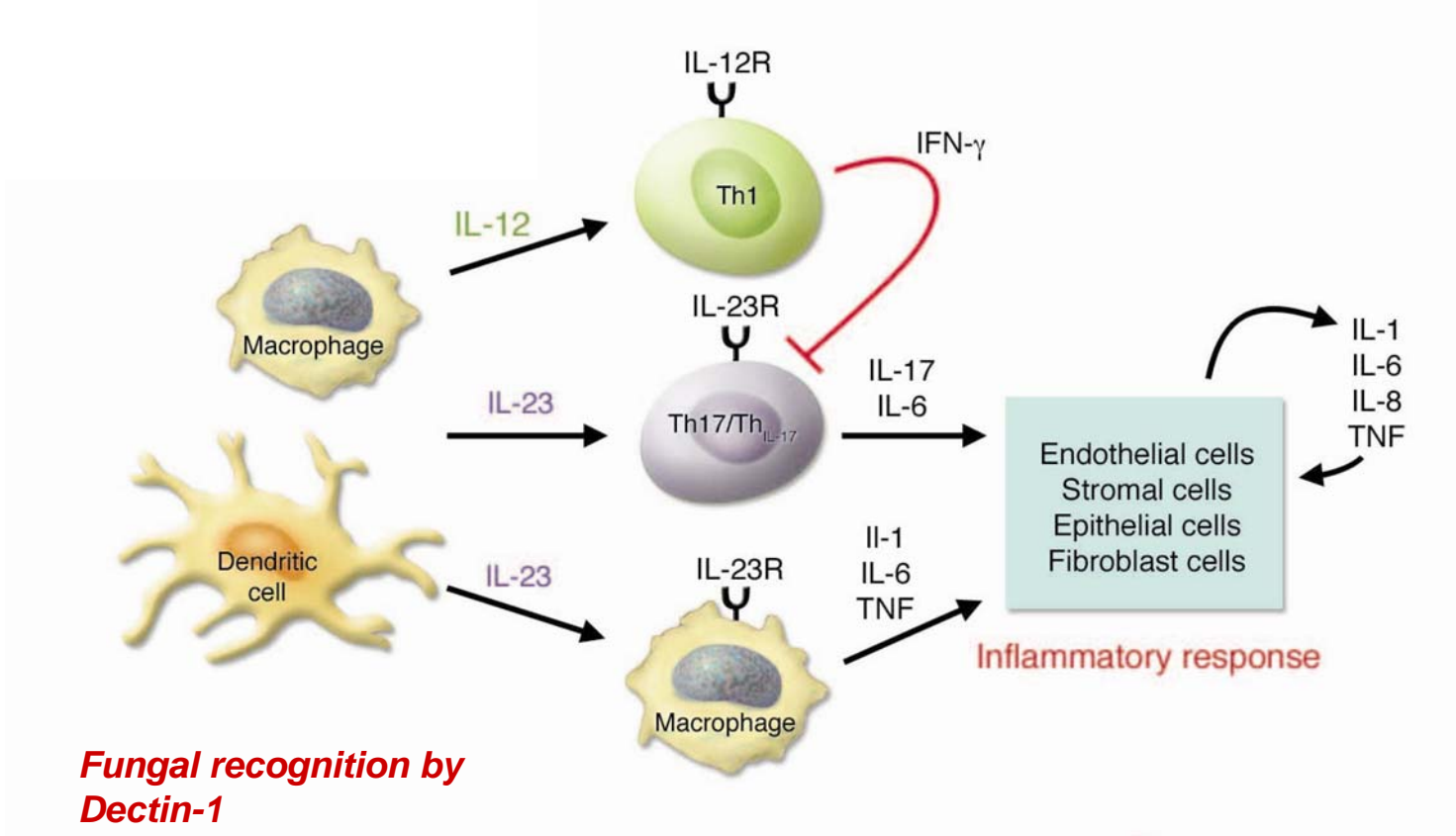
IL23 promotes the development of IL17 producing CD4+ helper cells

IL17 is also produced by CD8+ T cells,  $\gamma\delta$  T cells, and neutrophils



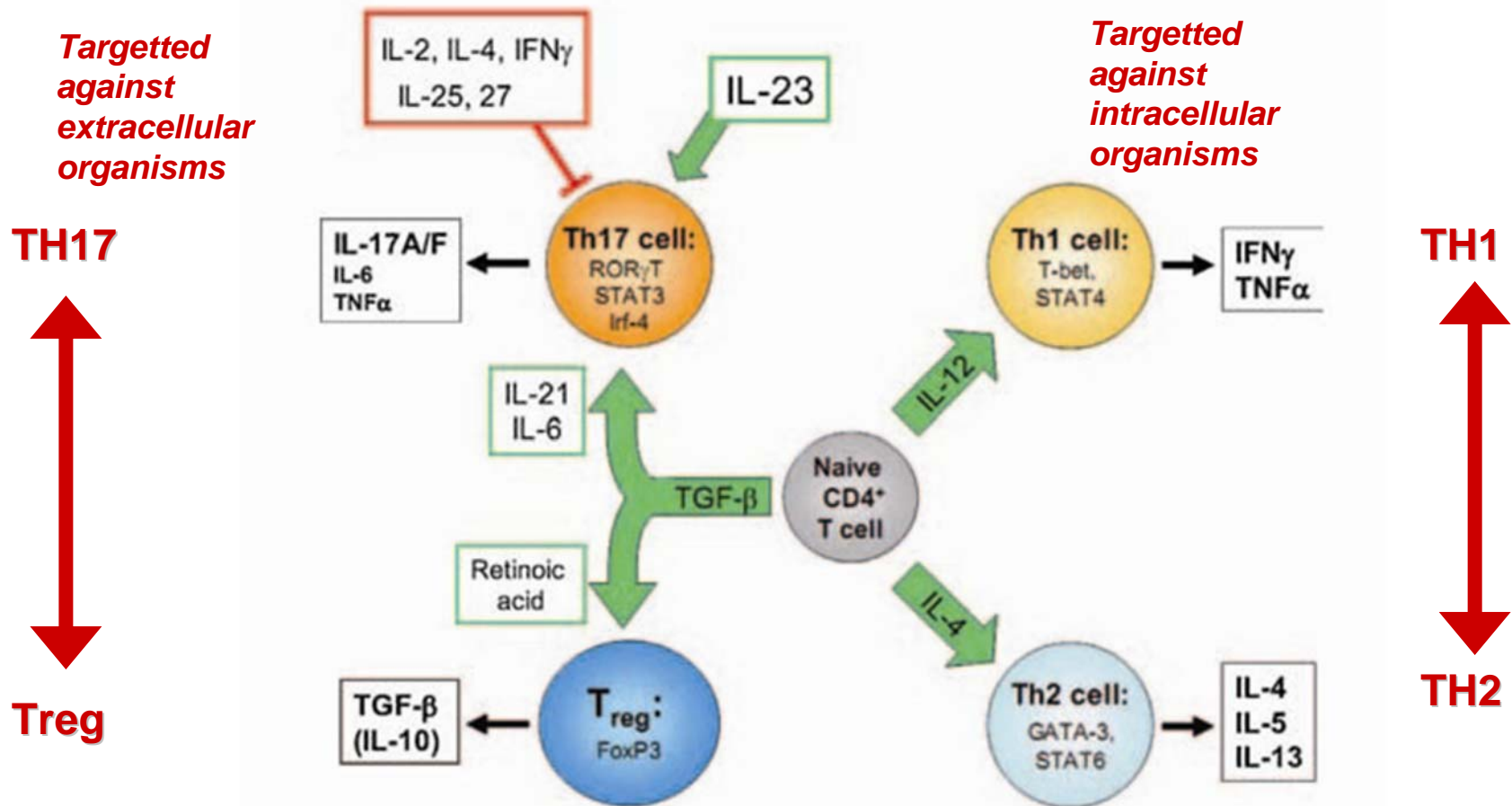
- IL-17 increased in:*
- Rheumatoid disease
  - MS
  - IBD
  - asthma

# CHRONIC INFLAMMATORY CYTOKINE PROFILE - T<sub>H</sub>1 and T<sub>H</sub>17

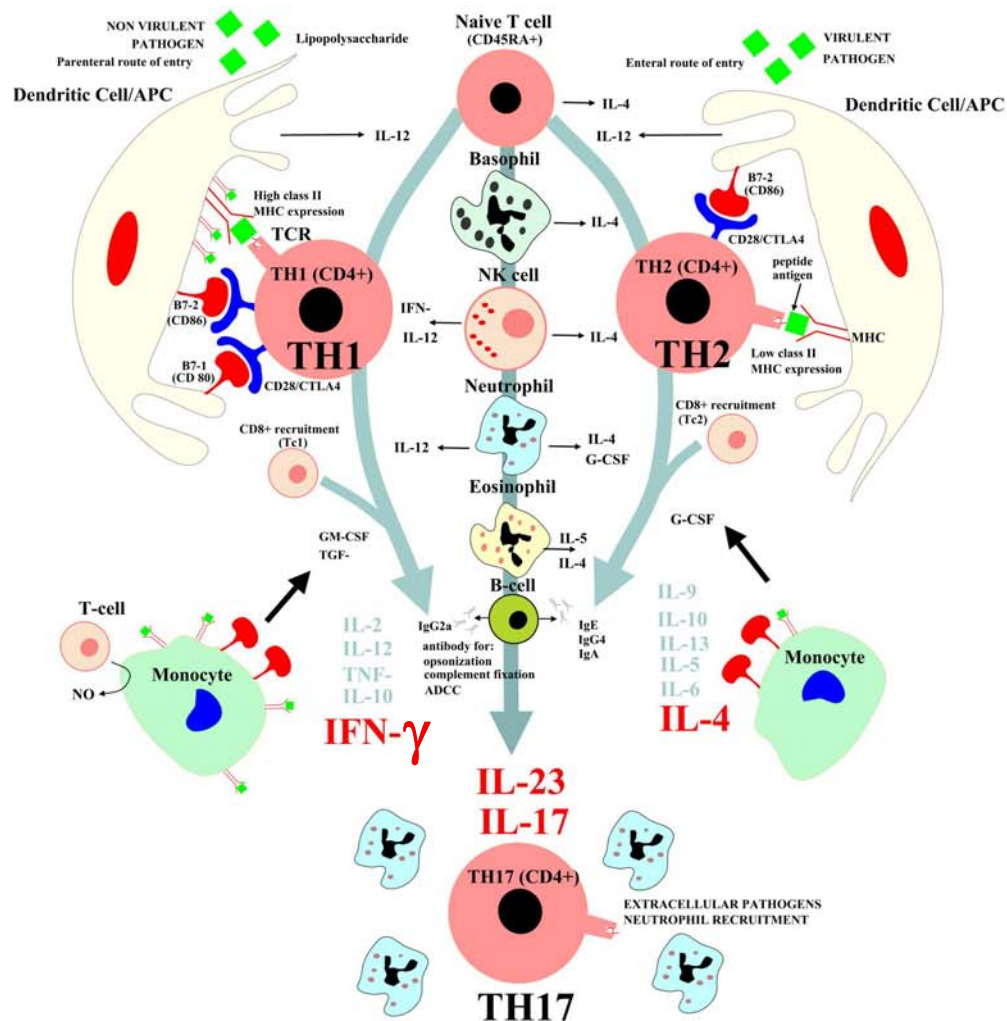


# TWO MUTUALLY INTERDEPENDENT SPECTRUMS OF ACTIVITY:

## TH1/TH2 AND TH17/Treg



# THE NEW PARADIGM OF T<sub>H</sub>1/T<sub>H</sub>2 and T<sub>H</sub>3 (now called TH17)



- ✱ DEFECTIVE PATHOGEN CLEARANCE
- ✱ ONGOING INFLAMMATION
- ✱ FAILURE OF PROTECTIVE RESPONSES TO FUNGI
- ✱ INCREASES TISSUE DAMAGE BY NEUTROPHILS

## CONCLUSIONS:

TH17 activation is associated with:

- Ongoing inflammation
- Defective pathogen clearance
- Failure of protective responses to *Aspergillus* and *Candida*
- Increased neutrophil inflammatory activity causing tissue damage
- Blockade of IL23 and IL17 may have therapeutic potential

## VOLTAIRE'S IDEAL PHYSICIAN



The ideal doctor  
entertains his  
patient  
while nature does its  
work



BRIAN  
SAVAGE

*“Thank God! A panel of experts!”*